



## FEATHER AND FROND

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## JEDI AWARENESS GAMES

60 min

### WORKSHOP DESCRIPTION

Tap into your inner Jedi with these fun awareness games that will sharpen your senses and stealthy skills! Practice ways of moving and being that will allow you to connect more deeply with wild creatures, *also known as* the original “Jedis”.

Age recommendation: mature 6-13.

## ANIMAL FORMS GAMES

60 min

### WORKSHOP DESCRIPTION

Shapeshift into the creatures of the forest with these fun high-energy games!

Age recommendation:  
5-13



# **WILD EDIBLES**

## **FAMILY NATURE WALK**

60-75 min

Let's wander the forest and discover the wild bounty of the Pacific Northwest! In this class we will introduce you to delicious wild edibles and healing medicinal plants.

Limited to 12 families, please sign up at the Kid's Tent to ensure your spot.



### **MELISSA ESPOSITO AND PATRICK FALLON**

*are fantastic human beings who love nature and connecting humans to the world around them. They are especially gifted at connecting with children.*

### **SOCIAL MEDIA AND PROMOTIONAL MATERIALS**

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